



INTERNATIONAL WOMEN'S DAY

Events start Saturday 5 March 2022



BOOK HERE

SATURDAY 5 MARCH

Toolern Creek Park Run

Try out this free community event where you can walk, jog or run over the 5km course around the beautiful Toolern Creek.

Strathulloh, 3338

From 8am | Free Bookings required

MONDAY 7 MARCH

Yoga for Women

Don your best purple threads and be guided through a series of poses, postures and breathing practices to calm your mind and body.

Caroline Springs, 3037

11.45am – 12.45pm | Free Bookings required

TUESDAY 8 MARCH: International Women's Day

Breaking Gender Bias in the City of Melton

Hear from a diverse range of local women about what International Women's Day means to them and how they are working to #BreaktheBias

YouTube

Viewable from 8am

Zumba Gold

Don your best purple threads and join us for a fun and active group dance session perfect for all abilities to improve your fitness!

Fraser Rise, 3336

9.30am – 10.30am | Free Bookings required

FEATURE EVENT: A Morning with Akuch Kuol Anyieth

Join South Sudanese author and graduate crime, researcher Akuch to learn about her journey from refugee to successful author and academic.

Online

10am – 11am | Free Bookings required



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TUESDAY 8 MARCH: International Women's Day continued

Women Working Together: Mentor Program for 50+ women

Join COTAVictoria's female mentor network that supports female carers aged 50+ to find sustainable paid work.

Online
2pm – 3pm | Free
Bookings required

Author Talk and Q&A: Olivia Omotosho

Young local author Olivia will talk about her journey to her first published book called "21 girls who made the world a better place".

Melton, 3337
4pm – 5pm | Free
Bookings required

WEDNESDAY 9 MARCH

STEAM Stay and Play (in partnership with Western BACE)

In this hands on workshop you'll have the chance to explore what the STEAM world has on offer for female identifying and non-binary individuals.

Caroline Springs, 3023
12pm – 2pm | Free
Bookings required

A New Approach to Job Readiness Workshop for Women

Are you a mother wanting to return to work, have overseas qualifications, want to get into a trade and not know where to start? Let us help you!

Online
2pm – 3pm | Free
Bookings required

Writing Workshop with Demet Divaroren: 'Own your Voice'

Learn from renowned author Demet Divaroren about how to craft compelling non-fiction stories by finding and owning your writing voice.

Caroline Springs, 3023
4pm – 5.30pm | Free
Bookings required

THURSDAY 10 MARCH

Introduction to Karate Workshop

Join experts from Karate Warrior Martial Arts for an introduction to self defence techniques used in Karate that can be useful to keep yourself safe.

Aintree, 3336
7pm – 7.45pm | Free
Bookings required

FRIDAY 11 MARCH

Mind your Business: A Chat with Janette Kendall

Learn from Janette Kendall about how she used her skills to land many senior management roles across a diverse range of industries.

Online
1pm – 2pm | Free
Bookings required

FOR MORE INFORMATION AND TO BOOK, VISIT THE
MELTON LEARNING DIRECTORY WEBSITE

MELTONLEARNING.COM.AU/IWD2022