# TERM 3 2022



TERM 3 2022 PROGRAMS AND EVENTS

## HILLSIDE COMMUNITY CENTRE

71 ROYAL CRESCENT, HILLSIDE, 3037









## TERM 3 2022 HILLSIDE COMMUNITY CENTRE

WEDNESDAYS

13 JUL – 14 SEP

**COMMUKNITTY CRAFTERS CLUB** 

**TIME:** 10.30am – 12.30pm

COST: Free – BYO tools and materials
If you've got spare material at home and
knitting needles, we'd love to host you for a
cup of tea and a natter as we craft for a

cause. All welcome, social group.

THURSDAYS 14 JUL – 15 SEP LADIES MORNING (WALKING GROUP)

**TIME:** 9.30am - 11.30am

**COST:** Free

Community lead, the group usually walks together around the local precinct at 9.30am and then joins for a ladies morning for tea/coffee and chat at the centre

around 10am.

THURSDAYS 14 JUL – 15 SEP SINGING GROUP

**TIME:** 1.30pm – 3pm

COST: \$10 on arrival per session

Join our very talented singing teacher, Chris, who has lead group singing for wellbeing and enjoyment for many years. No singing

experience necessary.

FRIDAYS 15 JUL – 16 SEP LINE DANCING

**TIME:** 10am – 1pm

**COST:** \$8 on arrival per person

Dance your way to better health and socialise with others. First hour of each class is designed for beginners, full 3hr session included and we have intervals for a cuppa.









## TERM 3 2022 HILLSIDE COMMUNITY CENTRE

SATURDAYS 16 JUL – 10 SEP HATHA YOGA

**TIME:** 9.45am - 10.45am

**COST:** \$85.50/\$76.50 concession

This class has been especially designed to offer a blend of poses and moves to stretch, unwind, and release tension while strengthening and promoting flexibility.

SATURDAYS 16 JUL – 10 SEP YIN YOGA

**TIME:** 11am – 12pm

**COST:** \$85.50/\$76.50 concession

Yin Yoga is a slow-paced style of yoga, incorporating principles of traditional Chinese medicine, with asanas that are held for longer periods of time than in other styles.

MONDAYS 18 JUL – 12 SEP **SOCIAL GROUP** 

**TIME:** 1.30pm – 3pm

**COST:** Free

Come along and chat with other members of your local community. Catch up with friends, meet new people and relax while having a hot drink.

WEDNESDAYS 20 JUL – 14 SEP **CHAIR YOGA & MEDITATION** 

**TIME:** 1pm – 1.50pm

**COST:** \$5 on arrival per person

This class is designed to improve strength, mobility, and calmness through gentle moves and stretching in an easy seated position followed by mindful relaxation.

All abilities welcome.







## TERM 3 2022 HILLSIDE COMMUNITY CENTRE

TUESDAYS 26 JUL -13 SEP \*NEW\* KIDZ CODING SCHOOL

TIME: 10.30am - 11.30am Preschool

(4-5 years) **COST:** \$80

**TIME:** 4pm – 5.20pm Primary (6-8 years)

**COST:** \$120

These classes include fundamental coding principles, unplugged coding, program language basics, creation & development.

**WEDNESDAYS 27 JUL – 14 SEP**8-13 years

**ART 4 KIDS** 

**TIME:** 4pm – 5.30pm

COST: \$85/\$77 concession

Children will learn an assortment of art techniques and how to use a variety of materials, before creating their masterpiece.









### OTHER PROGRAMS HILLSIDE COMMUNITY CENTRE

MONDAY EVENINGS

**ZUMBA** 

High energy dance based fitness class.

**CONTACT**: Liz 0410 779 429

**HILLSIDE SPORTS** 

SHARKS HILLSIDE FOOTBALL CLUB

Seeking Youth Girls Under 14s Players

**CONTACT**: Lindon Way

**EMAIL**: juniors@thesharks.com.au

**PHONE**: 0419 754 053

#### **TABLE TENNIS CLUB**

Seeking expressions of interests in a new Table Tennis Club for Hillside

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**EMAIL**:

hillsidecommunitycentre@melton.vic.gov.au













#### **ENROLMENTS**

Enrolments for all programs are now online at our website (unless specified).

#### **REFUNDS**

Please refer to the refund policy on our website.

#### **ROOM HIRE**

For information on available rooms to hire at this centre, visit the 'Venues for hire' page on the Melton City Council website.

#### **CONTACT US**

For more information about this centre or any of the programs on offer, contact us via email.

**PHONE** 0499 311 512

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YOUTUBE bit.ly/MLDYouTube

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