

# TERM 3 2022



TERM 3 2022 PROGRAMS AND EVENTS

## KURUNJANG COMMUNITY HUB

33 MOWBRAY CRESCENT, KURUNJANG, 3337



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# SCHOOL HOLIDAY ACTIVITIES

## KURUNJANG COMMUNITY HUB

**WEDNESDAY**  
**29 JUNE**

### **SUSHI MAKING FOR KIDS**

**TIME: 10am - 11.30am**

**COST: \$12**

In this hands-on workshop, children will use the supplied ingredients and follow Carmen's instructions to make their sushi rolls before enjoying them with their classmates. All ingredients and equipment supplied. Suitable for participants aged 7 – 12 years.

**WEDNESDAY**  
**29 JUNE**

### **SUSHI MAKING FOR TEENS**

**TIME: 3pm - 4.30pm**

**COST: \$12**

Learn how to make delicious and healthy Sushi rolls In this hands-on workshop. All ingredients supplied. Each attendee will take home their own copy of this recipe, as well as newly learnt skills they can share with their family and friends. All ingredients and equipment supplied. Suitable for participants aged 13 – 17 years.

**WEDNESDAY**  
**6 JULY**

### **WINTER PLANTING DAY WITH BUNNINGS**

**TIME: 10.30am - 12.30pm**

**COST: FREE**

Hosted by our friends at Bunnings Warehouse, come along and help to plant some new season seedlings and herbs and share your gardening tips and knowledge during this fun session, while enjoying morning tea with your new gardening friends.

# SCHOOL HOLIDAY ACTIVITIES

## KURUNJANG COMMUNITY HUB

**SUNDAY**  
**10 JULY**

### **COOKING DEMONSTRATION - SPRING ROLLS**

**TIME: 10am - 12pm**

**COST: FREE**

Come Watch as local chef Carmen cooks for you live in our spectacular teaching kitchen, showing you how to prepare delicious spring rolls.

Bring along a notepad to take down Carmen's secret tips and tricks before tasting the dish for yourself. This is a demonstration class only, no cooking by participants is involved.



**TERM 3 2022**  
**KURUNJANG COMMUNITY HUB**

**MONDAY**  
**11 JUL - 12 SEP**

**TECH CAFE**

**TIME: 10.30am - 11.30am**

**COST: FREE**

Come along to our Tech Café and our friendly team can help you navigate how to use social media, set up an email address, use video calls and even how to pay bills and shop online. You can learn all of this while enjoying a cup of coffee and a chat with other locals. BYO device if you have one. Registrations not required.

**MONDAY**  
**11 JUL - 29 AUG**

**TASTES OF EAST ASIA COOKING PROGRAM**

**TIME: 6pm - 7.30pm**

**COST: \$120**

In this 8-week cooking series you will learn to make a variety of dishes including Spring rolls, Japanese nigiri, Vietnamese vermicelli salad, Thai Green Chicken Curry, Japanese potato Croquette, Korean Spicy Chicken, Okonomiyaki & Steamed fish with ginger and spring onion oil.

**MONDAY**  
**11 JUL - 29 AUG**

**YOGA FOR EVERYONE**

**TIME: 7pm - 8pm**

**COST: \$56**

Learn to relax your mind and body through gentle poses and breathing practices. Improve your flexibility, muscle strength and tone through basic yoga and meditation techniques. All movements can be modified to your level of ability. BYO Yoga mat and water bottle. Suitable for all people of any ability aged 12 years and over.





BOOK NOW



## ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

## REFUNDS

Please refer to the refund policy on our website.

## ROOM HIRE

For information on available rooms to hire at this centre, visit the 'Locations' page on our website.

## CONTACT US

For more information about this centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

### PHONE

0402 309 321

### EMAIL

[kurunjang@melton.vic.gov.au](mailto:kurunjang@melton.vic.gov.au)

### ADDRESS

33 Mowbray Crescent, Kurunjang, 3337

### WEBSITE

[meltonlearning.com.au](http://meltonlearning.com.au)

### FACEBOOK

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### YOUTUBE

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