



WALK, RIDE & PLAY, MELTON!

Free and low cost activities for all ages these school holidays



BOOK NOW

SUNDAY 18 SEPTEMBER

MTC Footy Fun Day All ages

Join in on free activities for all ages supported by Melton Centrals FNC and Western Bulldogs Football Club. Giveaways, free barista coffee & free BBQ lunch.

Police Paddock Reserve

10am - 12pm | FREE
Registrations required

MONDAY 19 SEPTEMBER

Come & Try: Melton Library Walking Group All ages

Give this regular walking group a go by participating in their 40 minute easy Melton walk and enjoy a free coffee afterwards.

Melton Library

9.30am - 10.30am | FREE
Registrations required

Come & Try: Tai Chi for Beginners All ages

Learn how to relax your mind and body through gentle exercise and meditation. Improve your balance, coordination and wellness.

Melton Amphitheatre

10am - 11am | FREE
Bookings required

Come & Try: Bollywood Dancing All ages

Have fun and get moving while learning traditional Bollywood dancing and celebrating Melton's rich culture!

Melton Central

6pm - 7pm | FREE
Bookings required

This initiative has been made possible with the support of the Melton Town Centre Revitalisation board and funding from the Victorian government

TO REGISTER VISIT OUR WEBSITE
MELTONLEARNING.COM.AU

mtc
melton town centre


Melton Learning
Directory

CITY OF

MELTON

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TUESDAY 20 SEPTEMBER

Bicycle Repair Drop-in All ages	Bring your bike along to learn how to solve most basic bike problems and get some repairs or a service!	Melton Amphitheatre 10am – 3pm FREE Registrations required
Laughter Yoga All ages	Reduce stress and build positive energy through the gentle aerobic exercise of laughter yoga – no twisting and turning required!	Library Lawn 1pm, 1.45pm, 2.30pm FREE Bookings required

WEDNESDAY 21 SEPTEMBER

Come & Try: Chair Yoga & Meditation 12+ Adults Seniors	Improve the way your body moves, feels and functions with gentle seated yoga and mindful relaxation.	Melton Central 1pm – 2pm FREE Bookings required
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MONDAY 26 SEPTEMBER

Come & Try: Melton Library Walking Group All ages	Give this regular walking group a go by participating in their 40 minute easy Melton walk and enjoy a free coffee afterwards.	Melton Library 9.30am – 10.30am FREE Registrations required
Come & Try: Bluefit Playtime 18 months – 5 years	Get your child involved in a fun, non-competitive atmosphere where they can be introduced to a variety of sports through play.	Melton Amphitheatre 11am – 1pm FREE Bookings required
Hula Hooping & Circus Play All ages	Enjoy hula hooping, circus play and skills workshops, giant bubbles and more fun activities suitable for the whole family!	Library Lawn 11am – 1pm FREE Bookings required
Come & Try: Bollywood Dancing All ages	Have fun and get moving while learning traditional Bollywood dancing and celebrating Melton's rich culture!	Melton Central 6pm – 7pm FREE Bookings required

TUESDAY 27 SEPTEMBER

MTC Scavenger Hunt 5 – 15 years	Get active and get to know your local area for your chance to win in a share of \$500 worth of prizes! Children must be supervised.	Melton Civic Centre 10am – 12pm FREE Registrations required
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WEDNESDAY 28 SEPTEMBER

Come & Try: Chair Yoga & Meditation 12+ Adults Seniors	Improve the way your body moves, feels and functions with gentle seated yoga and mindful relaxation.	Melton Central 11am – 12pm FREE Bookings required
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THURSDAY 29 SEPTEMBER

Bicycle Repair Drop-in All ages

Bring your bike along to learn how to solve most basic bike problems and get some repairs or a service!

Melton Amphitheatre
10am – 3pm | FREE
Registrations required

MTC Welcome Walk All ages

Join this guided walk to learn about the best bits of Melton Town Centre and discover something new!

Melton Amphitheatre
1pm – 2pm | FREE
Registrations required

FRIDAY 30 SEPTEMBER

Active Kids Nutrition & Cooking Class Parents/carers of children aged 3 – 12 years

Join this low-cost workshop for expert advice on the types of food and nutrients required for your growing active child. Participate in a cooking class to learn about nutrient rich and affordable snacks for the kids!

Kurunjang Community Hub
11am – 1pm | \$5
Bookings required



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