

TERM 4 2022 PROGRAMS AND EVENTS

# BRIDGE ROAD CHILDREN'S & COMMUNITY CENTRE

260 BRIDGE ROAD, STRATHTULLOH, 3338



BOOK NOW

[meltonlearning.com.au](http://meltonlearning.com.au)



## TERM 4 2022

### BRIDGE ROAD CHILDREN'S & COMMUNITY CENTRE

**MONDAYS**  
**3 OCT - 5 DEC**

#### **TECH & TEA**

**TIME: 1pm - 2pm**

**COST: FREE**

Learn to become more digitally connected by spending time with a digital mentor.

**MONDAYS**  
**3 OCT - 5 DEC**

#### **PATCHWORK QUILTING MELTON**

**TIME: 7pm - 9.30pm**

**COST: \$14 per session**

Master both hands and machine quilting techniques guided by an experienced teacher.

**TUESDAYS**  
**4 OCT - 6 DEC**

#### **TAI CHI FOR ARTHRITIS**

**TIME: 1.15pm - 2.15pm**

**COST: \$3 on arrival per person**

Tai Chi involves slow, controlled movements to improve flexibility, muscle strength, balance and fitness.

**WEDNESDAYS**  
**5 OCT - 7 DEC**

#### **FUNCTIONAL FITNESS FOR BEGINNERS**

**TIME: 11am - 12pm**

**COST: \$5 on arrival per session**

Improve strength, mobility, balance and stamina through gentle stretching and light weight work.

**THURSDAYS**  
**6 OCT - 8 DEC**

#### **COMMUNKNITY CRAFTERS**

**TIME: 2pm - 4pm**

**COST: FREE**

We'd love to host you for a cup of tea and a natter as we craft for a cause.

**FRIDAYS**  
**7 OCT - 9 DEC**

**STRENGTH TRAINING FOR BEGINNERS**

**TIME: 9.30am - 10.30am**

**COST: \$5 on arrival per person**

Improve your strength at your own pace through our beginner's strength training classes.

**FRIDAYS**  
**7 OCT - 25 NOV**

**FRIDAY LUNCH CLUB**

**TIME: 11.30am - 12.30pm**

**COST: \$5 per session**

Help to prepare and cook a chosen meal before sitting down as a group and enjoying it together.

**FRIDAYS**  
**7 OCT - 9 DEC**

**ATHERSTONE COMMUNITY MUSIC JAM SESSIONS**

**TIME: 1pm - 3pm**

**COST: FREE**

Come along and have a jam with other likeminded musos whether you're experienced or not the more the merrier.

**TUESDAYS**  
**11 OCT - 29 NOV**

**BEGINNERS YOGA**

**TIME: 7pm - 8pm**

**COST: \$7 per session**

Unwind, relieve stress, reduce anxiety all while strengthening and promoting flexibility in the body.

## TERM 4 2022

### BRIDGE ROAD CHILDREN'S & COMMUNITY CENTRE

**WEDNESDAYS**  
**12 OCT - 7 DEC**

#### **MUMS & BUBS FITNESS**

**TIME: 9.45am - 10.30am**

**COST: \$7 per session**

Surround yourself with like-minded, local mums whilst improving your fitness with your bub.

**MONDAYS**  
**17 OCT - 5 DEC**

#### **ART FOR PRESCHOOL AGED KIDS**

**TIME: 4.30pm - 5.30pm**

**COST: \$7 per session**

Develop a creative flair and explore the world of drawing and painting guided by a professional artist.

**TUESDAYS**  
**18 OCT - 8 NOV**

#### **KIDS IN THE GARDEN**

**TIME: 4.15pm - 5pm**

**COST: \$20**

Discover and learn all about the wonders found in our gardens with your little ones through play, exploration and craft activities.

**WEDNESDAYS**  
**19 OCT - 7 DEC**

#### **ART FUN FOR KIDS**

**TIME: 4.15pm - 5pm**

**COST: \$25**

In this new art program, children have the opportunity to get creative and have fun experimenting with new materials and techniques while making new friends in their local area.

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**BRIDGE ROAD CHILDREN'S & COMMUNITY CENTRE**

**WEDNESDAYS  
19 OCT - 7 DEC**

**LITTLE MASTER CHEF  
TIME: 4.15pm - 6pm  
COST: \$10**

Our second series of intimate cooking classes is run by our talented Chef Sallie who will show you the ropes of some delicious dishes.

**1ST SATURDAY OF  
THE MONTH**

**COMMUNITY REPAIR CAFE  
TIME: 9am - 1pm  
COST: FREE**

The Community Repair Cafe provides a free opportunity to meet people with an interest in tinkering and do-it-yourself repairs.



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**TERM 4 2022**

**BRIDGE ROAD CHILDREN'S & COMMUNITY CENTRE**

**CHILDREN'S ENQUIRIES**

**BRIDGE ROAD KINDERGARTEN**

3-year old | [bridgeroad.kin@ecms.org.au](mailto:bridgeroad.kin@ecms.org.au) | 03 8481 1117

4-year old | [csu@melton.vic.gov.au](mailto:csu@melton.vic.gov.au) | 03 9747 7200

**BRIDGE ROAD OCCASIONAL CARE**

Tuesdays: 8.30am - 12.30pm

[occasionalcare@melton.vic.gov.au](mailto:occasionalcare@melton.vic.gov.au) | 03 9747 7224

**SCHOOL HOLIDAY VACATION CARE: For school aged children**

Monday - Friday: 6.30am - 6:30pm (excluding public holidays)

[vacationcareprogram@melton.vic.gov.au](mailto:vacationcareprogram@melton.vic.gov.au) | 03 9747 7200

**MATERNAL CHILD HEALTH**

[babycentralbookings@melton.vic.gov.au](mailto:babycentralbookings@melton.vic.gov.au) | 03 9747 7287





BOOK NOW



## ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

## REFUNDS

Please refer to the refund policy on our website.

## ROOM HIRE

For information on available rooms to hire at this centre, visit the 'Locations' page on our website.

## CONTACT US

For more information about this centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

### PHONE

9747 5935

### EMAIL

[bridgeroadcc@melton.vic.gov.au](mailto:bridgeroadcc@melton.vic.gov.au)

### ADDRESS

260 Bridge Road, Strathtulloh, 3338

### WEBSITE

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