

TERM 4 2022



TERM 4 2022 PROGRAMS AND EVENTS

HILLSIDE COMMUNITY CENTRE

71 ROYAL CRESCENT, HILLSIDE, 3037



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The Heart of Our Community



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TERM 4 2022
HILLSIDE COMMUNITY CENTRE

MONDAYS

3 OCT - 12 DEC
Excl. 17 & 31 OCT

ZUMBA GOLD

TIME: 10am - 11am

COST: \$5 per class

Zumba Gold classes are low impact and incorporate a great warm up and cool down, with easy to follow routines. Move your body at your own pace to Latin inspired dance, including salsa, samba, mambo, cha cha and more.

WEDNESDAYS

5 OCT - 14 DEC

COMMUKNITY CRAFTERS CLUB

TIME: 10:30am - 12:30pm

COST: FREE - BYO tools and materials

If you've got spare material at home and knitting needles, we'd love to host you for a cup of tea and a natter as we craft for a cause. All welcome, social group.

THURSDAYS

6 OCT - 15 DEC

LADIES MORNING (WALKING GROUP)

TIME: 9:30am - 11:30am

COST: FREE

Community lead, the group usually walks together around the local precinct at 9.30am and then joins for a ladies morning for tea/coffee and chat at the centre around 10am.

THURSDAYS

6 OCT - 15 DEC

HILLSIDE SINGING GROUP

TIME: 1:30pm - 3pm

COST: \$10 on arrival per person

Join our very talented singing teacher, Chris, who has lead group singing for wellbeing and enjoyment for many years. No singing experience necessary.

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FRIDAYS
7 OCT - 16 DEC
Excl. 21 OCT

LINE DANCING

TIME: 10am - 1pm

COST: \$8 on arrival per person

Dance your way to better health and socialise with others. First hour of each class is designed for beginners, full 3hr session included and we have intervals for a cuppa.

SATURDAYS
8 OCT - 17 DEC
Excl. 29 OCT

HATHA YOGA FOR MEN AND WOMEN

TIME: 9:45am - 10:45am

COST: \$95/\$85 concession

This class has been especially designed to offer a blend of poses and moves to stretch, unwind, and release tension while strengthening and promoting flexibility.

SATURDAYS
8 OCT - 17 DEC
Excl. 29 OCT

YIN YOGA FOR MEN AND WOMEN

TIME: 11am - 12pm

COST: \$95/\$85 concession

Yin Yoga is a slow-paced style of yoga, incorporating principles of traditional Chinese medicine, with asanas that are held for longer periods of time than in other styles

WEDNESDAYS
12 OCT - 30 NOV

ART 4 KIDS

TIME: 4pm - 5:30pm

COST: \$85/\$77 concession

Children will learn an assortment of art techniques and how to use a variety of materials, before creating their masterpiece.



BOOK NOW

ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

REFUNDS

Please refer to the refund policy on our website.

ROOM HIRE

For information on available rooms to hire at this centre, visit the 'Venues for hire' page on the Melton City Council website.

CONTACT US

For more information about this centre or any of the programs on offer, contact us via phone or email.

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